

BEAVERHEAD COUNTY MENTAL HEALTH LAC
January 13, 2017 Noon - 2:00 P.M.
Multi-Purpose Room – County Courthouse Annex

Noon - Welcome and Introductions – Rick said we have three (3) new members appointed to the LAC for two-year terms. They are Katherine Buckley-Patton, Jamie Flynn, and Beth Sullivan. He was very excited to introduce all. The commissioners are going to appoint Sandi Sloan to the LAC to represent the County and City. Rick asked everyone to introduce themselves.

Members Present: Chairman Rick Hartz, Vice Chairman Jerry Girard, Katherine Buckley-Patton, Julie Ingram, Melainya Ryan, Lynn Weltzien, Jeanette Prodggers, Beth Sullivan and Jamie Flynn.

Excused: Jenny Given

Others in Attendance: Beth Sullivan, Brylee Zumpf, Wanda Jensen, Kenny Bell, Laura Cross, Kim Martinell, Alison Dunn, Leah McLaughlin, Pat Carrick, and Mary Morgan.

Approval of Minutes

Rick asked if everyone read the minutes. No one had any additions or corrections. The minutes were approved as written.

Rick passed around the 2016 activity report that he created for the LAC. He passed around copies to everyone. This report will be forwarded to the media for the community to see. Rick read over the report. This report is included with the minutes. Melainya has some more updated numbers for the QPR trainings in the communities. She will get that number to Jamie.

Election of officers

The officer terms are for two years. Rick is going to continue to be a member of the LAC, but as a consumer and not as Chairman.

Pat nominated Lynn. The nomination of Lynn as Chairman was seconded by numerous people. Lynn said she would fill the rest of Rick's term, which is a year. Jerry will continue in his term as Vice Chairman

Rick handed the meeting over to Lynn. She said that she really believes in this group and wants the momentum to continue. She is also willing to be chairman because she is now working two days a week at the college.

Reports from committees

Community service award – Julie and Lynn.

Julie said along with Lynn and Jeanette they have been running by ideas of what to do with it. Lynn talked about an event they had at the college that they could use as a model. She wants to figure out as a group to have this as a community type award working towards improving mental health or are professionals to be included. Rick said that he thinks it should be all of the above, citizen or professional. Julie said they would like to have this wrapped up by early spring for Howard's award. Lynn said that it would be honoring Howard for the creation of this award. His family could be given something at an LAC meeting and then have a separate event for the actual award at the Fall conference. We could possibly have Kay Gaines give out the first award at the Fall conference. Lynn asked about a proclamation that could possibly come from the commissioners. Mental Health month is in May. The committee will be working more on this.

Fall conference – Jerry

We met on the 28th at the Dean of Student's Center at UMW. Jerry asked Katherine to share about the vision for the Fall conference. Katherine reported it will be called the 1st annual Big Sky Behavioral Health Summit. It will take place in late summer or early fall, and that we could have it co-sponsored. We looked at what we need in our community and other rural communities. A trauma informed community is the goal, and that we would look at focusing on therapists, professionals, and the community. CEU's would be available. We want to capitalize on the local services available and to be an example for other communities. Local resources along with state and federal resources will be utilized. QPR, relaxation, child center, play therapy, art therapy, dialectical therapy, etc. 1 or 2-day conference with one or two tracks. We need to have a commitment for this to be an annual conference and a follow-up with a theme. Work study students could possibly be used and possibly a VISTA volunteer. 18 month to 2 year commitment with a vista volunteer. The quality has to be at an upper level. Rick asked for a dollar amount.

Katherine said they did not have a figure or a number yet for expenses. Jerry talked about CEU's and the cost of what it usually is and what we would do to make this more affordable. There was a discussion about the CEU's and approval. The cost of the keynote speaker was also discussed. Meals were discussed. We could possibly try to get a WSAA mini grant. We could also ask for co-sponsorship with different agencies to help out with the monetary part. There was a discussion about a keynote speaker. A famous person would be good, but they should be able to relate to our rural area. The sessions could relate more to rural. Everyone needs to communicate and stay in touch with the rest. Rick talked about having a citizen track for the non-professional person to get something out of the conference. There should be a way of serving these people also. Beth said that OPI should possibly be addressed to support the conference.

Lynn asked the LAC if there should be a committee for the Fall conference. Rick made a motion to form a committee, Melainya seconded. Jerry said that he would be more than happy to chair this committee. Volunteers that stepped up to be on the committee are the following: Kenny Bell, Melainya Ryan, Jerry Girard, Julie Ingram, Jenny Given, Mary Morgan, Kim Martinell, Jamie Flynn, Leah McLaughlin, Katherine Buckley-Patton, and Wanda Jensen.

Julie introduced Wanda Jensen as a graduate student doing some work for her practicum. She said Wanda could possibly help with the conference in the Fall.

Kim said that if there is a drug and alcohol piece in the conference, they could provide some funding.

Integration implementation team – Lynn wants to make sure that all task forces are doing what they are supposed to be doing and get their reports in to the Implementation Team. All the task force chairs are going to bring an update/report for the implementation team at February's IT meeting. The grant report by the IT is due to Montana Healthcare Foundation by the end of May. The implementation team meets on the last Friday at the end of the month at 8:30. The location will be emailed to the LAC.

Task force reports

ACES – Melainya said they had a meeting and they are thrilled about the conference in the Fall. Melainya gave a summary of the meeting. Next Friday they have Todd Garrison

from Elevate Montana coming for a child-wise training. 10 or 11 people from ACES will attend the six hour class. They will become ACE trainer certified.

Katherine and Mel will be going to another training on the 27th.

Other task forces

Universal screening task force – Lynn discussed what they have been doing. The current focus is to market the resource list and for it to be used. The 2nd focus is to work with CHC and hospital to get their data with regards to the number and types of screenings they are doing. There is a need for more education and awareness. This could possibly be used in the fall conference. They have not met lately and she wanted to ask if anyone would volunteer to help.

Crisis task force – Pat reported on crisis response and what was going to happen after the summit. They determined the three questions that will be used in the interviews. The three questions are:

1. What is your understanding of the process that is supposed to occur when a (client/patient/student) experiences a behavioral health (mental/addictive) crisis, and what is your role in that process?
2. From your knowledge of recent situations, could you please describe a typical scenario (i.e. what actually occurs)?
3. Is this an improvement over what was happening a year ago? (Your answer may be complex as there may be some aspects that are improved, whereas others are not.) If yes, what specifically is working well and to what or whom do you credit these changes? If no, what specifically, in your opinion, is the most critical obstacle to improvement.

After the interviews, the task force could draw some priorities or recommendations from the final report.

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Criminal justice – Alison. Behavioral and criminal justice task force has been meeting monthly since the summit. They have had a number of players – Judge Hoerning, Judge Thompson, Sheriff Kluesner, Mike Gee, Rick Hartz, Molly Molloy, Pat Carrick. Mary Jo O'Rourke, and jailer Javier Negron and others. Alison said it is a diverse group and sometimes hard to stay focused.

Alison gave a detailed report of the objectives of the Criminal Justice Task Force. They are:

1. Collaborate with the crisis task force to assure criminal justice issues are addressed in the new protocol.
2. Evaluate existing peer support systems and expand where needed.
3. Develop a process outlining the steps needed to apply for health coverage benefits and eligibility requirements, MHSP and access to other resources prior to release.
4. Examine the need and feasibility of a local 72 hour crisis stabilization and detox program and other facility needs.

Alison asked if Rick had anything to add. Rick said this position probably should have been taken over by the Sheriff or Chief of Police instead of Alison. Rick thanked Alison for stepping up to be chairman of the group. She has done a great job. The next meeting will be January 25th at 1:30 in the multi-purpose room. Alison said that Mary Jo is exploring the possibility to get a 72 hour crisis response center to be located at the hospital. The hospital is doing a project study on what is needed.

Lynn said there is a great need for everyone to be communicating with the task forces. Lynn wanted to stress that it is really important for the task force chairs to attend the implementation team meeting on February 24th.

Other business

Follow up on community response/postvention

Two months ago Geoff Roach started this when there was a local young adult that committed suicide. Rick wanted to wrap this up. Katherine said that she has spoken to Karl Rosston and he would be willing to come to Dillon on May 16th and 17th for an eight (8) hour class. He could do a class for thirty (30) people to attend. He also thought about

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having a two (2) hour community response class on suicide. There is no cost for Karl and \$15 for the manual for the course.

MOTION: Rick made a motion for the LAC to support this project. Julie seconded it. The motion carried.

2/7/17 – Katherine gave updated information on Karl Rosston’s May 2017 presentations in Dillon. Karl is the Suicide Prevention Coordinator for the State of Montana with DPHHS. Here is Karl’s schedule:

May 16 th – 1:00 – 5:00 p.m.	1 st half of Mental Health First Aid
May 16 th – 7:00 – 9:00 p.m.	Suicide Prevention Community Presentation
May 17 th – 8:00 a.m. to Noon	2 nd half of Mental Health First Aid

Katherine also reported that Karl no longer limits the Mental Health First Aid class to only 30 attendees. Good news!

DPHHS

Kenny reported the legislature is now in session. He discussed the report on what they want to have funded. Mary said she was at part of the legislation session to see what is being worked on in the legislature. She said the challenge is that the leaders are all new and they do not have a lot of experience. She talked about the testimony being given.

Kenny said that the WSAA meetings need to be attended by the LAC to get money from them. Rick said he could possibly go to meetings after he retires.

Katherine talked about the legislation and what has been happening recently regarding mental health and education. She encouraged people to talk to their local legislators. Mary confirmed that it is rough in Helena at the legislature.

Kenny wanted to recognize and thank Rick for all of his work with the LAC.

Public Comments and Questions

There were no public comments or questions.

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The meeting adjourned at 2:00 p.m.

The next meeting will be on Friday, February 10th. Rick said the LAC will be hosting lunch for everyone.

Rick Hartz, Chairman