

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL

February 10th, 2017 Noon - 2:00 P.M.

Multi-Purpose Room - County Courthouse Annex

Members Present: Chairman Lynn Weltzien, Vice Chairman Jerry Girard, Rick Hartz, Julie Ingram, Jenny Given, Melainya Ryan, Beth Sullivan, Sandi Sloan, Katherine Buckley-Patton, Jeanette Proegers, and Jamie Flynn.

Others in Attendance: Kenny Bell, Mary Morgan, Wanda Jensen, Pat Carrick, Beth Wharton, Cory Birkenbuel, Brylee Zumpf, Jackie Sutton, Sue Hansen and Leah McLaughlin.

Noon-Welcome and Introductions – A quorum was established with all 11 members of the LAC present. Lynn asked everyone at the table to introduce themselves.

Moment of Recognition for Rick Hartz – The group had lunch to celebrate Rick and his 3 years as chairman. Lynn stated that Rick brought leadership and recognition to the county.

Handouts - Resolution, By-laws, Budget Report, Flow Chart, Activity Report – Lynn handed out the sheets to the group. Kenny explained the flow chart to the group regarding MHOAC, DPHHS, AMDD, and SAA's. A discussion took place regarding Kenny's discussion. They also spoke about the duties of the Board of Visitors.

Approval of Minutes of the January 13th, 2017 Meeting. Lynn reported the LAC has \$2,445 dollars in the budget. That is for the rest of this fiscal year.

Rick moved to approve the minutes. Julie seconded the motion.

Reports from Committees

Fall Conference – Jerry, et al – the planning committee Big Sky Behavioral Health Summit. Jerry reported there is a wealth of passion and resources. We have a date for the summit of September, 7th and 8th. The group has alternate dates depending on the availability of keynote speaker. The group has six (6) planning teams. The teams are: Speaker team, announcements team, registration team, host team, CEU team, and packet team. There are timelines established for each team. Katherine asked if anyone knows of anyone else

to be a speaker, please let her know. The group would like homegrown folks to speak. Malcolm Horn is a go to be one of our speakers. She will also be on the panel discussion.

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The goal is to have a 2-day conference. The cost will be between \$80 and \$100 for the conference and 12

CEU's will be available. Beth asked about doing a merchant sponsor with Patagonia. Beth Wharton said she would be willing to help with the host stuff. Madison County's LAC is going to help too. The next meeting will be on March 9th at noon. The group will meet on the 2nd Thursday of every month until the summit. The group meets at the Dean of Students center.

Integrative Health Implementation Team – Rick/Sue, et al. Sue reported the grant is winding down and will be complete in May. She said we do have some funding leftover from the summit and Scott Malloy to have an extension of the grant. This could be used for the summit. \$2,500 will go towards the summit. She spoke about task forces with Criminal Justice and ACES. They could possibly get some grant funding for the task forces. There's going to be a paper coming out regarding. Jerry asked if we need to keep track of data for the grant from the summit. Rick talked about getting a grant through the implementation team. They do not want to do the grant. Sue said that she would do the financial stuff for the grant and write it. In two years, personnel will be needed to write another grant to the Montana Healthcare Foundation. Pat said we also need people to support the projects that we do with the grants. Lynn said that Pat Carrick and her have been working on a crisis response survey and have interviewed a number of people from the community. Something that came up about Western Montana MHC and Lynn wanted Kenny and Mary to explain about the contract with the County. She would like to have a report next meeting. Discussion. Their next meeting will be held on Friday, February 24th at 8:30 a.m. in the multi-purpose room at the courthouse.

Community Service Award – Julie/Jeanette – Julie said she spoke with Kay Gaines. She asked Kenny and Rick to get some statistics on how long Howard had been involved with mental health. Lynn reported she will speak with the Commissioners to adopt a resolution from the county for Howard. She said we will present it to Kay at our May public meeting with Karl Rosston. The Community Mental Health award will be awarded at the fall conference.

Jenny asked if something similar could be done for Garth. There was a discussion about doing something, possibly another resolution, for Garth from the county. Jenny thought we could possibly start a scholarship in the community in honor of Garth. Rick said Jenny should contact Lanie Jones to get information on this from Garth's family.

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1:00 - Upcoming Events

Heads Up - High School Behavioral Health Career Camp – Beth Wharton, UMW Outreach in conjunction with MT Hospital Association – March 16-17th

Beth Wharton and Natascha Robinson. Beth gave handouts to the group regarding the Heads Up camp. She is partnering with AHEC and MHA (Montana Hospital Association). Beth asked for sponsorship for an individual or students from BCHS. The price is \$250 for one student to attend the Heads Up. 15 students will be attending the camp. It will be held at UM Western and it is a 2-day camp. Mental health first aid class for youth. It is through Youth Dynamics. They would like to have this camp once or twice a year for training for peer mentors. This class is just open to BCHS students. Future camps could include Lima and other areas in Beaverhead County. They are looking at possibly a summer camp also.

MOTION: Rick made a motion to have the LAC contribute \$500 for two students to go to the camp. Jerry seconded the motion. Lynn asked for any questions to the motion. There were none. Motion carried.

Leah asked about the Youth Challenge kids being able to go to the camp. Beth said they may do a special class for them. Discussion about the importance of this training for students.

Beth asked if anyone would be interested in presenting to the kids at the first aid class. She handed out a sheet with what they are looking for in speakers or presenters. She also asked for any feedback. Jenny asked how many scholarships they have now. Beth said they are at \$3,000. Beth reported Stockman Bank, Pioneer Federal and the hospital are donating towards the scholarships. Beth discussed what some of the Heads Up camp is going to do for activities also. There will be a follow up with the students to see how they progress and to encourage them to help future students for the camp.

Mental Health First Aid/ Public Meeting – ACE team – May 16-17th

Katherine they have confirmation that it will be in the Swysgood Center. On May 16th it will be from 1:00 to 5:00 p.m. and 8:00 to noon on May 17th. The night of the 16th there will be a community presentation on suicide facts and prevention from 7:00 to 9:00 p.m.

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She said they are looking for donations for handbooks that cost \$15 each. Money will also be needed for sponsorship for snacks. Wednesday afternoon Karl Rosston will make

a presentation. Katherine reported the suicide rate is high in Montana and in Beaverhead County. The evening presentation we could also do something with the Howard Gaines award. Katherine is looking for sponsorship from the LAC. Rick asked about expenses for the event. Katherine said expenses include \$15 for handbooks and also snacks from the college. Discussion ensued about the expenses. Beth suggested putting in a request for support from the community and people attending the Head Up camp also. Rick asked Jackie if there are funds we could possibly receive from the Extension Office. We will be discussing this at the next meeting.

Suicide Prevention Week – Brylee/Cory Birkenbuel – September 10-17th

Brylee talked about a walk on suicide awareness and prevention. Brylee and Geoff are going to work on this for a whole week. They are going to reach out to a lot of people. She gave us a handout regarding what they are thinking about offering for the week. The notes are included in the minutes. She also asked for donations from the LAC. Possibly could get ACES involved as presenters. She stated that 68% of suicides could be prevented if ACES was involved. Kenny stated that he has a list of possible presenters they could use. Beth also said this. She talked about paper flowers and getting them out to the community, college. Brylee also said the next meeting is February 16th at noon at the hospital. She has a poster with ideas for the week and they could use more activities to fill out the week.

Other Business

DPHHS – Kenny reported on two (2) new employees and the re-organization of a few of the departments. Mary asked about the crisis response teams (CRT) and diagnosis capability. The group discussed the situation. Mary said it puts the hospital in a difficult situation. DD (developmental disability) and TBI (traumatic brain injury) were discussed. Jenny gave an example with a case of TBI and said the doctor served as a mental health

provider and they were able to go through the court committed to mental health facility with a mental health need.

Legislative Updates – a handout was given to the group. The handout is included in the minutes. A discussion happened about the legislative update sheets that Rick received from Doris Fischer. HB 95 – Jenny talked about this. There can only be one provider that

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draws from the State fund. She spoke about this bill. The vote against this would take away from the monopoly. Tom Welch has voted to benefit the mental health providers and their reimbursements. Beth asked if we could possibly write a thank you note to Tom Welch thanking him for his support. Katherine said to call Jeff and Tom in Helena to thank them and to ask for their support.

Children's Mental Health Initiative – Dan Aune, Executive Director, Mental Health America of Montana at LAC on March 10th.

Lynn said that next month Dan Aune is going to attend our meeting to explain the children's mental health initiative. Katherine said that the information should be sent to: Randy Shipman, Greg Fitzgerald, Glen Johnson, Greg Lemelin, Channon Williams, both school district school boards, Megan Conrow, Jackie Bertelsen, Gary Haverfield, and Vikki Howard and Kathy Shipman at the college. We may have to reserve the Commissioners' meeting room. We will request a RSVP. Lynn will write a memo to send to these people.

Mary reported they have one full-time therapist working out of their office and they are also contracting a LCSW. They are working on some telehealth things in Dillon also from Butte. They are down one CRT at this time. She spoke about their personnel and she may have more attending the LAC meetings. Pat asked if Jennifer Smith is MSW and if she's doing her 2,000 hours. Mary said she is her supervisor and Jennifer is full-time and works five days a week. Pat asked about sliding scale patients and Mary said they have to look at certain things for reimbursement. If they are more intense patients they may have to go to another facility. Pat asked about community health center and working with mental health patients and a sliding scale basis and uninsured patients. There was a discussion about the day program.

Public Comments and Questions

There were no public comments or questions.

2:00 P.M. Adjourn

The next meeting will be on March 10, 2017
Jerry Girard, facilitating

Lynn Weltzien, Secretary

Jamie Flynn, Secretary