

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL

March 10th, 2017 Noon - 2:00 P.M.

Commissioners' Meeting Room - County Courthouse

Members Present: Vice Chairman Jerry Girard, Julie Ingram, Rick Hartz, Sandi Sloan, Melainya Ryan, Jeanette Prodgers, Katherine Buckley Patton, Jamie Flynn, Beth Sullivan and Jenny Given.

Members Absent: Lynn Weltzien

Others in Attendance: Carol Kennedy, Laura Cross, Wanda Jensen, Brylee Zumpf, Marti Laknar, Dan Aune, Leah McLaughlin, Kenny Bell, Nicole Cottom, Channon Williams, Randy Shipman, Kim Martinell, Pat Carrick, Shanley Nicolai, and Jackie Sutton.

Noon-Welcome and Introductions – A quorum was established with ten LAC members present at the meeting. Jerry introduced himself. Rick asked people in the room to introduce themselves. We went around the room with introductions.

Approval of Minutes

MOTION: Rick moved to approve the minutes from the February 10th, 2017 meeting. Julie seconded the motion.

Get ready for involvement – Jerry explained that Lynn and Jerry wanted to encourage new members to get involved with opportunities that were listed on the agenda. This is a call to action for LAC members to get involved. Pat said the LAC would appreciate non-LAC members to work on committees also.

Children's mental health initiative - Dan Aune.

Dan talked about Mental Health America of Montana. He handed out reference pages regarding MHA of MT and their goals for the future with the goal of expanding more extensive and readily accessible mental health services as our community prioritized, e.g. crisis care. He welcomed any input and asked if we would be interested in being on a focus group in the future with the goal of expanding more extensive and readily accessible mental health services as our community prioritized, e.g. crisis care. Rick said we (LAC) would be interested and especially the ACES task force. Dan said there is a model to work with and we could get something started. Elements would be decided from the group. Katherine said that she believes we are all in and asked Dan about what we need to get this going. Dan agreed to include Beaverhead County in a focus group and will follow-up with LAC leadership to set a time and date for a meeting. Dan's email address is dan@mhaofmt.org.

Reports from Committees

Big Sky Behavioral Health Summit –Jerry said the conference committee met yesterday. There are six work groups and the dates for the summit are Wednesday, September 6th and Thursday September 7th. Jerry talked about the conference and what is planned. The conference committee meetings are once a month on the 2nd Thursday of the month. Katherine gave an overview of speakers who have committed to the conference, including psychiatrist Dr. Eric Arzubi, addiction and mental health specialist Dr. Dan Nauts, therapist Malcolm Horn, education Vikki Howard, and mental health advocate, author and Summit keynote speaker Jessie Close.

Kim said that Southwest Chemical Dependency and “Be the Change 406” will sponsor and pay for the speakers’ fees, travel expenses, etc. Patagonia has offered to donate a jacket in support of the Summit to be given away as a door prize.

Integrative Health Implementation Team – no information as Sue was unable to attend the meeting.

Community Service Award – Julie received a memo regarding presenting the Howard Gaines award. Beaverhead County/City of Dillon will do a proclamation regarding naming the award in Howard’s honor at the Mental Health First Aid Training/Suicide Prevention Community presentation in May 2017. The initial Howard Gaines Memorial Award for Mental Health will be presented to the successful nominee at the Big Sky Behavioral Health Summit.

At the LAC’s suggestion, Jenny is sending a letter to Garth Haugland’s daughter to ask what type of memorial she would prefer in regards to her father’s long time dedication to the local LAC, as well as his work on the WMMHC Board of Directors and his other mental health advocacy work in the state.

Contracts review

Mary from the WMMHC, was unable to attend the meeting and so discussion on the contract between the county and WMMHC for crisis response and other services was scheduled to next month. The hospital also has a contract with WMMHC and the LAC expressed interest in understanding how those services may intersect or are different from the county contract.

1:00 - Upcoming Events

Heads Up - High School Behavioral Health Career Camp – Beth Wharton, UMW Outreach in conjunction with MT Hospital Association – March 16-17

Ten students will be attending the Heads Up event. It costs \$250 for each student and is for students that are interested in a career in mental health. These folks will also get the mental health first aid class.

Mental Health First Aid/ Public Meeting – ACES team – May 16-17th

May is Mental Health Awareness Month. On May 16th the class will be held at the Swysgood Center from 1:00 – 5:00 and from 8:00 to noon on May 17th. On the evening of May 17th from 7:00 to 9:00 p.m., there will be a community presentation on “Suicide in Montana: Facts, Figures, and Formulas for Prevention.” There will be CEU hours available. The number of CEU’s were discussed and could possibly be 6 to 8. Katherine said they will be advertising the class soon. Karl Rosston will be conducting the class. \$200 will be needed for advertising. There will also be the cost per person for snacks and whatever. Katherine said she will have a budget at the next meeting. Karl will also have a presentation at the hospital.

Suicide Prevention Week – September 10 – 17th , Brylee.

Brylee reported at the last meeting they had people from every school that attended. During the week, there will be QPR trainings every day. Brylee said the movies Resilience and Paper Tigers will be shown that week.

Jerry thanked Brylee for all that she has done in preparation of Suicide Prevention Week.

Other Business:

DPHHS – Kenny

Kenny said he had nothing to report and is waiting for the State government budget.

Legislative Updates

The state’s overall funding bill for all services is HB2. It will be a focal point of the Legislature for the last half of the session. Katherine shared so far the Legislature has cut Department of Public Health and Human Services funding by about \$90 million, which includes a reduction in mental health services for the next biennium. She encourage LAC members and others to stay involved during the remaining days of the

Legislative session. Local comment and support for a bill does have an impact as reflected in Rep. Tom Welch reconsidering and changing his vote and supporting a bill after he heard from many LAC and community members who were concerned and supportive of a mental health parity bill. That bill, HB142, is now in the Senate and supporters can contact Sen. Jeff Welborn and encourage him to support it.

There was discussion on HB95, which passed, and now allows those seeking or mandated to receive chemical dependency services more options in accessing those services/treatment.

Kenny updated the group on HB257 which mandates stable housing must be secured for anyone being dismissed from Warm Springs. There was a discussion about this bill. The new bill would imply a person cannot be discharged to homeless. Right now a person can be discharged to homeless from the state hospital, if they want. It is their choice. Hospital staff does not have the ability to find housing for everyone being discharged.

Providers' Reports

Pat made an announcement from Sue Hansen that she is going to be getting groups together to update the Community Health Assessment Plan. This will happen in June.

Jerry said they are looking for a counseling person at the college.

Public Comments and Questions

There were no public comments or questions.

MOTION: Rick moved to adjourn the meeting and Julie seconded the motion.

The meeting adjourned at 2:05 p.m.

Jerry Girard, Vice Chairman