

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL

May 12, 2017 Noon-2:00 P.M.

Multi-Purpose Room- County Courthouse Annex

**Noon-Welcome and Introductions-** Members present were: Lynn Weltzien, Jamie Flynn, Melainya Ryan, Jeanette Prodgers, Jenny Given and Julie Ingram. As there were only six (6) members present initially, there was no quorum. However, Sandi Sloan joined in later and a quorum was established. Others present were Beth Wharton, Mary Morgan, Katie Cox, Frank Kluesner, and Brylee Zumpf. Kenny Bell was in attendance via the phone. Lynn had everyone go around and introduce themselves and state their passion related to mental health or a word or phrase to describe the LAC.

**Approval of Minutes** of the April 14<sup>th</sup>, 2017 Meeting. Lynn asked for any questions or concerns about the minutes.

MOTION: Jenny moved to approve the minutes from the April 14<sup>th</sup> meeting.  
Julie seconded the motion.

**Budget Report**

The report was the same as last month with no changes. We have around \$2,247.83. We are going to donate \$500 for Mental Health First Aid class.

**Guest Presentation -**

Beth Wharton reviewed the Heads Up - High School Behavioral Health Career Camp and introduced the three BCHS student speakers. They were Izzy Simonsen, Lindsey Huber and Abigail Hammang. The LAC sponsored two (2) of the registrations for the course. Sustainability projects were established. Melainya's daughter, Izzy Simonsen, talked about her experience and said it was a great. She said they learned how to help themselves, how to help peers and how to reach out in the community. She said they are starting a support group as their sustainability project and would need leaders. Anyone certified in Mental Health First Aid or licensed could help. They will need a location and advertising for the support group. The only possible need for funds would be for advertising. It will be a confidential zone for people to meet. Lynn asked what the scope is for participants – and the students explained that it is to be for all ages and include family, friends and those struggling with mental illness. The three BCHS students noted they were all certified for Mental Health First Aid via the Camp. Beth said this year's participants are now the point people for their age group and her program will continue to build on this. She reported on another group of participants whose project will be to start an awareness group at the high school. It was suggested that the group sponsor a fun run. The student speakers said they really appreciated the Heads Up Camp and look forward to another one.

**WSAA Report** – Rick Hartz was not able to attend our LAC meeting today. However, he sent a report for Lynn to read from the meeting he attended. It is attached at the end of these minutes.

### **Reports from Committees**

#### **Big Sky Behavioral Health Summit, Sept. 6-7th – Planning Committee**

The Planning Committee met on Wednesday and a budget was handed out to the group. Melainya talked about the funds used for the conference. The Save the Dates are done and will be sent out next week. They will work on targeting individuals to get the word out to their contacts. Eventbrite is the on-line registration that we will be using. The cutoff for the summit will be 185 registrants. Melainya also talked about Dr. Arzubi speaking separately with the health care providers on Thursday night of the Summit. The ACE task force will be organizing that. There was a discussion of what to do on the Wednesday night of the summit and possibly having the LAC host something. A discussion took place about this topic.

#### **Integrative Health Implementation Team – Sue Hansen**

Sue reported the implementation team had their last face-to-face meeting last month. Sue is preparing a report due at the end of May. They will continue to support the task forces in moving into their new designations. Her big focus is getting the new investigative task force going for the crisis response. She said there is a committee and will meet for the first time June 5<sup>th</sup>. The WRC has taken over the lead for renewing the MHCF grant for ACE and the criminal justice task forces. Lynn talked about the upcoming state/county matching funds jail diversion grant. Frank said he hopes to use this grant to train detention and sheriff officers. Mel said WRC had a meeting with the Montana Healthcare Foundation regarding the available grants and what would work best for our use.

Jenny reported on a meeting the hospital had with school personnel. She said suicidal issues are prevalent in the school system right now. BHH also met with WMMHC and Jenny reports that the outcome of both meetings was good and that communication is key. When they talk they are able to resolve many of the problems. Katie Cox from MYCA said that the suicidal ideations have increased in the last couple of classes. Sheriff Kluesner talked about their issues with this topic too. There was much discussion about what we are dealing with in our county.

**Howard Gaines Community Service Award** – Julie/Jeanette. Julie passed around the framed proclamation that will be presented to Kay Gaines on May 16<sup>th</sup> at the community-wide Suicide Prevention presentation next week. Julie said the committee also developed

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draft forms of an announcement, rubric for scoring, and application cover sheet for use in future years. The first award will be given at the summit. Julie said we now need a committee that will pick the nominations for the actual award that will be presented for 2017. Jenny said she would like to be on the committee. Lynn suggested we need an odd number as a tie-breaker. Mary asked if the committee members all have to be an LAC member as her staff was very involved with Howard and would like to participate. Lynn suggested having two voting LAC members and one non-voting member from WMMHC this year. Mary will check with her staff and give Jenny a name. LAC will solicit members not present for another volunteer.

**Garth Haugland Scholarship** – Jenny Given

Jenny reported on the hospital foundation's award for Ruth Haugland, and that they will allow us to piggyback on their award to honor Garth Haugland. However, the LAC will not be mentioned. She was talking to Lori, Garth's daughter, and she was very excited. It will be a \$500 scholarship called the Garth and Ruth Haugland Memorial Scholarship. Jenny wanted to update the provisions of the scholarship to say that the recipient needed to be going into the medical or mental health field. However, a member of the hospital foundation board did not want the "mental health" component in the provision of the scholarship. Lynn reported that Rick had asked her to convey to the group he thought LAC should consider an annual fund raiser for our own scholarship that would be mental health related. Discussion followed regarding problem of taking on too much and the need for more leadership if we are to do another annual event. Jenny also pointed out that there was much education to do with the BHH Foundation since they did not seem to understand and support the idea of integrative healthcare. She plans to continue working on this. Agreed to discuss again later.

### **1:00 - Upcoming Events**

**Commissioners Report**, May 15<sup>th</sup> – Sandi/Lynn

Lynn reported that at the last Implementation Team meeting it was noted that since Garth's death we have not been giving reports to the commissioners, so Sandi and Lynn will update them on May 15<sup>th</sup>. We also could send the Commissioners minutes from our meetings.

**Mental Health First Aid/ Public Meeting**, May 16-17<sup>th</sup> – ACE task force

Mel said the class is filled to capacity with 65 people and has a waiting list. Mel said the two hour public forum on Suicide Prevention on Tuesday night from 7-9pm would be a good one for the LAC members to attend.

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**Children's Mental Health Initiative Focus Group, May 31<sup>st</sup>** - Lynn/Krista/Charise  
Dillon Middle School Library – 5:30 PM

Lynn reported that this is regarding the Children's Mental Health Initiative led by Dan Aune from the Montana Chapter of the American Mental Health Association. This project is about finding a better strategy for the delivery of children's mental health services other than local Emergency Departments. They would like to hear from the consumers and providers. There is a survey on-line to do if you can't make it to the focus group meeting. The meeting will be brief - 5:30 to 6:45.

**Suicide Prevention Week** – Brylee – September 10-17th

Brylee reported they will meet on May 31<sup>st</sup> at noon at the Dillon Middle School. They are hoping for PIR days to give a presentation to the teachers. There is a group that consists of Randy Shipman, Geoff Roach, Lynn, Brylee and Greg Fitzgerald. There will be a different event each day of the week of Suicide Prevention Week. There may be a fun run also. They are hoping to get the Resilience and Paper Tigers movies shown at Big Sky Cinema.

Lynn reported that Kathy Shipman who is trained in PAX has started talking to the school administration regarding this program and suicide prevention. However, it is frustrating as it will be a long process. There was a discussion about what it takes to train the school staff and to get them involved.

### **Other Business**

**DPHHS** – Kenny

Lynn read Kenny's announcement regarding the AMDD putting together a SOARS steering committee. Kenny explained that SOARS stands for: Social Security Outreach Access and Recovery/ technical assistance center. They hope to dissolve roadblocks for those eligible to sign up for SSA disability benefits. If you are a service provider, you should get in touch with Kenny for more information.

Kenny also announced that final preparations were being made for sending out this year's RFP for the county matching money grant, HB 131 for jail diversion. This is the grant that

Frank got last year for \$9,500 and Kenny thinks they could get a larger amount because the money is there.

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Finally, Kenny talked about WSAA and making new areas for the WSAA to make it smaller. There was discussion as to whether a southwest area would be better. Kenny wants feedback in the near future. Sue will send him a chart showing how public health breaks down the areas.

**Legislative Summary** – The summaries were emailed from both Katherine and Kenny. Further information is at [Leg.mt.gov](http://Leg.mt.gov).

**Providers reports**

Mary said WMMHC is having a 5K Race to Recovery on May 20<sup>th</sup>. She will send a flyer to Jamie. It will be in Butte at Three Bears. Registration is at 8:00 AM.

**2:00 P.M. Adjourn** – the meeting adjourned at 2:00.

The next meeting will be on June 9, 2017  
Jerry Girard will facilitate, 683-7181

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Lynn Weltzien, Chairman