

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL

July 14, 2017 Noon -2:00 P.M.

Multi-Purpose Room- County Courthouse Annex

Noon-Welcome and Introductions- Established Quorum with 8 members present.

Members Present: Chairman Lynn Weltzien, Jamie Flynn, Julie Ingram, Melainya Ryan, Katherine Buckley-Patton, Jenny Given, Vice Chairman Jerry Girard, and Jeanette Prodggers

Members Absent: Sandi Sloan, Rick Hartz, and Beth Sullivan

Others in Attendance: Laurie Phillips, Lilia Guillen-Sanchez, Commissioner Tom Rice, Kenny Bell, Laura Cross, Pat Carrick, Wanda Jensen, and Heidi Gfelfe

Lynn opened up the meeting at noon.

Kudos! - Expressions of Appreciation

Lynn wanted to express her appreciation for everything that is going on with the LAC. She especially thanked those who are working on the Summit, carrying on with the work of the task forces over the summer and assuring we have a presence at Dinner in the Park events this month.

Approval of Minutes of the May 12th, 2017 Meeting

Lynn asked for a motion to approve the minutes from the May meeting.

MOTION: Katherine made a motion to approve the minutes from the May 12th, 2017 meeting. Jerry seconded the motion. The motion passed unanimously.

Lynn gave Rick Hartz's report from the WSAA meeting. At the WSAA meeting, they announced our upcoming summit. Also at the May meeting they decided to give each active LAC some additional funds as they had some that needed to be disbursed by the end of their fiscal year. We received an additional \$320 from WSAA. Rick also had a report from the Mineral County LAC that he wanted to share. It can be useful for the Criminal Justice Task Force. It is in regards to propose changes to Montana's prescription medication formularies in our penal system. This document will be scanned and emailed to the LAC members.

Budget Report and other handouts – Lynn talked about the the LAC budget and explained that approximately \$5,000 in our budget is really monies from the Montana Healthcare Foundation grant. Of this \$2,500 will go towards expenses at the summit and a little less than \$2,500 will be going to the four (4) task forces. We will not be getting any

further funds from the county and are in a situation where we could accept donations.

An additional \$1,500 WSAA grant will need to be applied for. We will possibly do this for the next year. The Children's Trust Fund grant could also be applied for. A short term grant would be for \$5,000. Hopefully the summit will also raise some money for the LAC.

Lynn reviewed a list of people that have attended the LAC meetings this year. She listed on the handout each individual's area of interest, or passion, is with regards to the work of the LAC. She talked about member status and that we have 11 voting members counting Sandi. Active participants can be considered to be members-at-large, if the LAC so determines per the bylaws.

Lynn announced that Jamie resigned her position on the LAC because as a member she must participate on her own time whereas if she is there as a county employee, to manage the minutes and help with finances, she can be on the clock. It was announced then that we have an open seat to fill. It was explained that we do not nominate and vote new members in until they send a letter of interest. Anyone interested should send a letter to Lynn. Kim Martinell's name was brought up as someone very interested in being a member. Kim was not at the meeting, but Laura Cross was present. Laura will urge Kim to send in a letter or interest.

Lynn also reviewed what the bylaws say with regards to unexcused absences.

Reports from Committees

Children's Mental Health Initiative Focus Group, May 31st - Lynn

Lynn said this is not really a committee, but an activity. Cherise and Krista helped Lynn organize this event and ten (10) people participated. The group talked about ways to prevent crisis by making people more aware of early symptoms and where to get help. She talked about the provider list and how it needs to be accessible. She talked about having sent a one to our providers list to the two help centers in the state that are accessed when a resident calls the 1-800-473-TALK, suicide hotline. Jenny says this is a good resource. A useful suicide prevention app for cell phones was briefly discussed. Lynn said the focus group also talked about a six (6) week series of news articles regarding symptoms that could be put in the newspaper or radio and promote the providers list. She suggested we table this idea until the fall, after the summit is over. Pat Carrick asked about the related Monkey Survey and was told it is available through July. Dan Aune will

complete a comprehensive strategy for improving mental health crisis services for children in the greater Gallatin Valley. We will receive a copy when it becomes available.

New Outreach Committee – Melainya/Julie

A Facebook page was created and nothing else has been planned. The news article idea could be shared on the Facebook page. Kim is also helping with this.

Lynn asked that they see about getting the LAC page back on the county website. Melainya agreed to look into it.

Howard Gaines Community Service Award – Jenny/Wanda/Julie

Julie said the deadline of August 1st is coming up fast and that, at present, they have two nominees. Kenny asked if a narrative is being requested and Julie said yes. This will be presented at the Summit in September. An award will be given and there is money in the budget for a plaque or some other award. The application for nominees will be sent out by email again as a reminder. The plan is to ask Kay Gaines to be at the luncheon when the award is presented. A discussion took place about the lack of effort with the Dillon Tribune getting info out to the community regarding mental health.

Garth Haugland Scholarship – Jenny Given repeated that there will be new leadership soon and she is hopeful of changes in the fall.

Commissioners Report, from May 15th meeting – Sandi/Lynn

Lynn reported on their meeting with the commissioners. They gave an update to them. The commissioners will receive the minutes. Tom said that they usually get minutes after they are approved. Lynn thanked Tom for his help with the LAC. Tom stepped in to take Garth's place on the Western Mental Health Board also. Tom said he is learning a lot.

New Mental Health Crisis Committee - Jenny/Mary

Jenny reported they had a 2 hour meeting and are processing a lot of the information from the mental health crisis report. The result is a lot of communication between key players which is leading to the resolution of many of the problems. An example that is already benefiting the patients is the electronic notification and follow up. They were to meet again today but cannot because Mary couldn't come to Dillon and Jenny has a patient. The group learned, via the teleconference call that Kenny set up for them, that state regulations for crisis response issues are complicated but that the MCA and the ARM will be very helpful for this group. They talked about goals and what they want to continue to

work towards. Jenny said that she and Mary feel they need to be talking more about suicide risk. They think crisis response is important, but suicide risk is the bigger issue in Beaverhead County. She has invited Cherise Lemelin to be on the committee as they felt there needed to be someone from the schools and Cherise has accepted. Kenny gave Jenny a contact to use for this committee. There was a discussion regarding alcohol abuse and suicide as a big concern for the county.

ACE task force – current projects - Melainya

They continue to meet monthly. They are coordinating a dinner for the summit speakers. It will be at the golf course and they are inviting members that would be interested to have some extra time with the speakers. Melainya will send an email out if you want to attend or not. ACE task force is waiting to see if they have received the MHCF grant. If they receive the funding it will be to bring in Katie Loveland to develop a strategic plan for developing a trauma informed community. Mel reported they have a date to provide ACE training to the YMCA staff. The staff will be paid to go to the training. It is 1-1/2 to 2 hours for the training.

Criminal Justice task force - grant application – Alison

Alison was unable to attend the meeting.

Universal Screening – needs leadership

Lynn thinks we need to do something with this in the future possibly after the summit.

1:00 - Upcoming Events

Big Sky Behavioral Health Summit, Sept. 6-7th – Planning Committee

Jerry reported the planning committee has been doing some impressive things for the summit. He talked about the speakers. Julie is doing a great job with door prizes for the summit. We have only 40 people registered so far. 13.25 CEU's are available and 1 college credit for \$115. Jenny asked what kind of credit it is for. Lynn agreed to find out. Ryann Gibson will be at the summit registration to sign up those interested in college credit.

Registration for LAC participants –

Lynn talked about LAC members and planning committee members not having to register or pay. She asked for a motion regarding this.

MOTION: Katherine made a motion for the LAC to pay the \$35 for LAC voting members. Julie seconded the motion. The motion carried unanimously.

Mental Health LAC

Page Five

(This year, those who consider themselves active members-at-large can register and pay a reduced fee of \$35.00.)

Meeting in September?

A discussion took place regarding having a LAC meeting in September. Lynn asked for a motion.

MOTION: Julie made a motion to move the meeting to the 3rd Friday in September. Jenny seconded the motion. The motion carried unanimously.

Suicide Prevention Week – September 10-17th – Brylee

Mel reported for Brylee that they are collaborating to have a fun run with Youth Connections and also to show the movie Resilience. Cory Birkenbuel will be speaking at the school during Suicide Prevention Week.

Other Business

DPHHS – Kenny spoke about his handout regarding the public hearing on the proposed adoption of reduced provider rates changes in the behavioral health case management fee schedule. The public hearing will be on July 27th at 10:00 a.m. at DPHHS. He spoke about what the DPHHS will be able to do and not be able to do. The mental health centers are already having a hard time making ends meet. Jenny asked if we could send someone from our LAC to go to the public hearing. A discussion took place. Katherine said as members of the LAC, we should write letters of support for the mental health field providers to DPHHS and to the Governor's office.

Jenny reported that in the state hospital and Lewistown it has been impossible to get anyone into these hospitals. She spoke about the costs as it relates to this hearing. Katherine said it can also be related to the criminal justice system.

Kenny said the email addresses for mailing letters regarding the hearing is on the DPHHS website. Lynn said she will put together a letter from the LAC collectively to send regarding the hearing. Katherine said she will come up with a possible form letter and a mailing list for each individual's use.

Kenny reported further about what is going on regarding budget. He talked about travel and that he won't be able to attend the LAC meetings.

Kenny talked about the contracts for AMDD and what they are working on presently. He also talked about county matching grants. He asked if Beaverhead County is working on Mental Health LAC

Page Six

getting any grants. Lynn said that criminal justice task force may be working on a grant. He thinks the grant apps have to be in by August 15th.

He spoke about funding for the State with grants.

He talked about the state hospital and patients being released that are homeless. The state is looking to collect more data on what happens to those who are released. Also, the state hospital is looking at recruitment and retention of people who work at the state hospital.

The chemical dependency agency is excited about HB95.

Katherine said that she thinks we should acknowledge Karl Rosston and Jackie Sutton for the mental health first aid class that was given. Katherine thinks a thank you should be given to them for their class. She thinks we should send letters to the Governor, Karl's boss, and MSU for Jackie. Lynn will work on this.

Lynn won't be at the next meeting and suggests the group send any items for the agenda to Jerry.

The meeting adjourned at 2:00 p.m.

2:00 P.M. Adjourn

The next meeting will be on August 11, 2017, and Jerry will be chairing the meeting.

Lynn Weltzien, Chairman