

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL

September 15, 2017 Noon -2:00 P.M.

Multi-Purpose Room- County Courthouse Annex

Members Present: Chairman Lynn Weltzien, Vice Chair Jerry Girard, Rick Hartz, Sandi Sloan, Melainya Ryan, Julie Ingram, Katherine Buckley-Patton, Jenny Given and Jeanette Prodgers.

Members Absent: Beth Sullivan.

Others Present: Mary Morgan, Heidi Gjefle, Wanda Jensen, Brylie Zumpf, Connie Burnett, Sheriff Frank Kluesner, Randy Shipman, Sue Hansen, and Kim Martinell.

Noon-Welcome and Introductions- Establish Quorum. A quorum was established with only one members not in attendance. Lynn asked for introductions around the table.

Approval of Minutes of the August 11th, 2017 Meeting. Lynn asked for any corrections or additions and a motion to approve the minutes.

MOTION: Rick moved to approve the minutes. Julie seconded the motion. The motion was approved.

Budget Report and other handouts –

Jamie did a spreadsheet for the summit showing deposits and expenses. We made over \$6,000. The invoice from UMW for the food was an estimate and hopefully will be paid soon. Melainya said there will be one more receipt for the golf course. Eventbrite worked for the registrations. Jamie suggested using them again for the next summit. Lynn stated that, according to the county treasurer, we can accept donations but the donor cannot claim the donation on their taxes as we are not a 501c3. The LAC is a Beaverhead County board and, as such, can't be a 501c3. Melainya explained that donations could be made to the Women's Resource Center, specified for the LAC, and then the donation could be tax exempt as they are a 501c3.

Lynn also gave out a handout to prompt the discussion on what we want to do with what we have learned at the summit.

Vote on New Member - to represent **consumers** – By-law clarifications.

Two people provided written interest. They are Kim Martinell (SWCDP) and Connie Burnett (YBGR).

Kim was the only person that was still interested in the LAC membership. Connie had some things come up and didn't want to be considered. Kim said she wants to be a member because this group is her family and she wants to collaborate with it.

Lynn asked for a motion to approve Kim Martinell as a new member of the LAC.

MOTION: Rick made a motion and Katherine seconded it. The motion passed and Kim was nominated.

Connie asked who the voting members were on the LAC. Lynn listed the members and clarified the bylaws. Sandi indicated that she possibly may not have the time to serve as our rep to the Commissioners and was wondering what options there would be if she couldn't fulfill her two year term. Lynn suggested two possibilities. The first is that Tom Rice may now want to actively participate and the second is that one of the other members could swap positions with her. Sandi will think about it and let us know in the next few months. Lynn talked about the bylaws and missing meetings. A request was made to send the bylaws to the group. Jamie will do this.

Reports from Committees

New Outreach Committee – Melainya/Julie

Lynn asked Melainya if they had looked into the fact that the LAC info is not on the county's website. Melainya said this was not her understanding of what they were doing in this committee. Lynn said we need to have a web presence and get the resource guide, agenda, and minutes from the LAC meetings on the county web-site. Jenny added that the Howard Gaines Community Service Award info could also be placed there. Jamie offered to talk to Sadie Caltrider who currently manages the website about this.

Lynn asked for a motion to talk to a graphic designer to do a logo for the LAC. Jamie suggested using the county logo because this is a county board. Lynn said we do that but still need to have a routine design for our council's name for letterhead, CEU certificates, reports and other marketing, in addition to the county's logo. What is happening without one is that we are all just making one up each time an occasion calls for it. We will discuss this more at the next meeting.

Howard Gaines Community Service Award – Jenny/Wanda/Jamie

Lynn asked Jenny if she wanted to add to anything about this. Jenny said that the actual award was purchased for five (5) years from 3-D and not just one. Additional years will

only have the engraving charge. Lynn talked about the community involvement for the award and that it was good to have five (5) nominations. Jenny said next year's committee could possibly rethink the nomination process, with input from this year's committee. An expansion of who could be nominated in the community was discussed.

Jenny said that Glenn Close told her at the book signing that Dillon has a great group of people and we are doing good things. Randy Shipman said it was hard to have the school personnel involved with the summit being in September. He thought it would be good to have it in August right before school starts. Summit assessment will be further discussed at the meeting next month after the planning team has had a chance to meet and create a report.

New Mental Health Crisis Committee - Jenny/Mary

Mary said they met today and will be meeting next month. They met once before, but haven't met lately. The committee consists of Mary, Jenny, Sue, Julie, Wanda, Connie, Cherise Lemelin, Lynn and Mike Gee. The sheriff or someone representing the detention center will also be a part of the committee. They are putting together some educational materials to present to all county BH providers so as to create a more cohesive community-wide crisis response. Their next meeting will be on October 13th at 10:00 in the multi-purpose room.

Frank said he is hoping to offer a local CIT course if they get the grant they have applied for. He talked about some major frustrations in the current system when inmates with a BH crisis have to be transported. He was strongly encouraged to attend the next mental health crisis committee meeting as this would be the perfect place to begin working toward solutions. A good discussion took place regarding this.

Frank wants Jim Anderson who works with Lyn Ankelman (WMMHC) to coordinate and do the trainings to attend one of our LAC meetings. Lynn will look into scheduling this.

ACE task force – Melainya et al

Melainya said they do not have anything to share.

Criminal Justice task force - grant application – Alison

Melainya reported the grant they applied for was declined. There is another grant with the Montana Healthcare Foundation that is due by October. They are applying for it. Melainya said it seems to be a better fit for what we want as a compliance officer could be part of the grant. Melainya said the committee is just on hold waiting for the funding

to, hopefully, come through. A discussion took place about grants available. Lynn said we could possibly get donations from private people or benefactors.

1:00 – Report on Recent Events

Big Sky Behavioral Health Summit 2017

Lynn reported that she had heard great response from people in the community, and the speakers, on how professional we were in our organization of the Summit. Lynn gave a report from Jana Barnes regarding the speakers meeting and dinner with the doctors during the summit. This will be included in the minutes. Dr. Arzubi is working with the providers on Project ECHO. It is a terrific start for a more trauma-informed clinic. Kim said that the speakers were great and that Katherine did a great job getting the speakers for the Summit.

Jerry said that the planning committee worked great together and it was good for him. He said it was cool to do something good. Julie said she wants to “bask in the afterglow” and honored Jerry’s role as Summit chair by giving him the pen that she won as a door prize at the summit. Comments were made that it was fun. Jerry said the university was glad we had the summit at the college. The university people that attended the summit were impressed. Jerry said to thank Kathy Simpkins for her department’s work and all they did to help make it a great event. He also thanked Kim for the financial support for the speakers. Katherine wants to do thank you notes for the summit for the speakers and Kathy Simkins. Julie will print off some thank you notes that the team can fill out at the review meeting next week.

Lynn said we have two serious discussion threads regarding the Summit. So, we will focus on one today and another next month.

Today - Discussion about how to use what we learned. (see handout)

Lynn started a conversation about what we learned at the summit and how we can use it to clarify our vision for this next year. Melainya talked about Project ECHO and the great benefits and information that comes with it. Everyone was very appreciative of Dr. Arzubi bringing this free service to Montana and excited that Dillon will now join. Lynn said she thinks the LAC can serve to back up the hospital or the school if they choose to move forward with implementing any of the programs we learned of at the summit. Jenny is already excited to start the use of the Columbia Suicide Assessment tool consistently among providers who refer to the ER and wants to look into the possibility

of using the SERAS screening tool in the ER, as well. Jenny and Lynn liked the idea of a Motivational

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Interviewing practice group to help sharpen BH and PC providers' skills in prompting change. The mindfulness program that is the focus of discussion for the school systems was not thoroughly discussed at the Summit but Lynn reported that she and Estee Aiken, a school board member, were following up with Erin Butts via a tele-conference this next week. They will ask how PAX compares to the mindfulness approaches she did present. Melainya asked to join. Everyone was reminded of Dr. Arzubi's challenge to do a better job tracking data.

Next Month- Discussion about providing this educational service.

Heidi will be compiling the data from the summit evaluations. There will also be a follow up email to the attendees at the summit. We may also do a quarterly out-reach to participants.

Suicide Prevention Week – September 10-17th – Brylee
Brylee had to leave the meeting at 1:30. She will be on the agenda to report next month.

Other Business

DPHHS – Kenny – Updates.
Kenny was unable to attend the meeting and was not available by phone.

Providers' reports:
None

2:00 P.M. Adjourn

The next meeting will be October 13, 2017

Please send agenda items to jerry.girard@umwestern.edu

Lynn Weltzien, Chairman

