

BEAVERHEAD COUNTY MENTAL HEALTH LOCAL ADVISORY COUNCIL
October 13th, 2017 from Noon - 2:00 p.m.
Multi-Purpose Room- County Courthouse Annex

Members Present: Chairman Lynn Weltzien, Vice Chairman Jerry Girard, Katherine Patton, Rick Hartz, Kim Martinell, Beth Sullivan, Julie Ingram, Jenny Given, Jeanette Producers.

Members Absent: Melainya Ryan and Sandi Sloan.

Others Present: Laurie Phillips, Heidi Gjefle, Mary Morgan, Sheriff Frank Kluesner, Commissioner Tom Rice, and Jamie Flynn.

Noon-Welcome and Introductions- Establish Quorum
Jerry opened the meeting. A quorum was established with nine (9) members present.

Approval of Minutes of the September 15th, 2017 meeting
Jerry asked for approval of the minutes from the September 15th meeting.

MOTION: Katherine moved and Julie seconded the motion to approve the minutes from the September 15th meeting.
The motion passed.

Report on Recent Events:

Suicide Prevention Week – September 10-17

Brylee was unable to attend the meeting, but she sent an email report. Jerry read the email. It will be included in the minutes. To summarize, Brylee reports that perhaps more happened because of the regular planning meetings than during the actual week. Despite overall poor attendance at events that week, still 12 people were trained in QPR and the school board is considering PAX Good Behavior Game, or some other mindfulness approaches.

Kim reported that she purchased a drug and alcohol prevention program for the schools. She passed around the evidence based program brochure. She said the schools have their curriculum already set, but she will try to get it into the schools.

Lynn talked about a QPR training that was planned and no one showed up. She said it would be good to do the QPR with an existing group and not have a stand-alone QPR training. Katherine agreed because she also had an ACE training scheduled and no one showed up. It needs to be promoted. She said we need to find more creative ways to reach the people. A discussion took place regarding an on-going curriculum that would include QPR and ACE. Mary talked about the need of getting the whole community educated regarding crisis response, as well. The LAC could be responsible for doing the training. Mary said she thought the Crisis Committee could develop a curriculum to use for the education and training for the community. Jenny agreed. A separate committee may be formed to help with this.

WSAA Report – Rick reported that they had a meeting in September. Rick did not go to Missoula, but it was the election of officers for WSAA. Rick explained how they did their election. Rick said he would serve as a rep for our LAC. Jerry is the alternate. They meet the 4th Tuesday of every month at the commons at the mental health center.

Jerry asked for a motion to have Rick Hartz continue as the representative to WSAA and Jerry as the alternate.

MOTION: Julie made a motion to have Rick represent our LAC and Jerry as the alternate. Lynn seconded the motion. The motion passed.

Rick reported there are 12 counties under the WSAA. He says there are six (6) or seven (7) counties that attend the meetings regularly. He said the group sent letters regarding the budget to Helena. They let their feelings be known. Rick said he sends WSAA a report on our LAC meetings also.

There was talk about getting Sheila Hogan from DPHHS to attend our LAC meeting in the future. Mary thought she would be willing to do that. Lynn said she will ask Sheila to attend a meeting in December or after.

Big Sky Behavioral Health Summit - Jerry said the planning committee said they want to do another Summit next year. Jerry asked for approval from the

LAC to have it annually and if approved, he will develop a new planning committee.

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MOTION: Lynn made the motion to do another summit next year and for possible future years. Rick seconded the motion.

Jerry asked for discussion before voting. Lynn said she liked the superb education and motivation stirred up by this year's Summit. She believes it can happen again if we continue to get great speakers. She is concerned, however, about the energy it takes to do the summit on an annual basis and what other projects will suffer for it. Mary said to maybe start the planning a little later so we are not focused on it all year long. Rick said he thought having more money would alleviate the need to chase funds. Jenny said that for her personally the motivation that came from it far outweighed the time invested. She further reflected that when we are invested we do a really good job and so wondered about suicide prevention week and how the LAC didn't really feel a part of it. Lynn said the suicide prevention week technically belongs to the Women's Resource Center, with the LAC as collaborators. Jenny asked if having it be an official taskforce of the LAC could improve outcomes. Lynn offered to discuss with Brylee. Lynn called for the Question and the motion passed.

Jerry said the next Planning Committee meeting will be held at noon on November 1st at the library. Jerry will send out an email inviting anyone wanting to be on the committee. He offered to continue as the project lead for the summit.

Reports from Committees:

Outreach Committee – Julie said she had nothing to report. Melainya was not able to attend the meeting. Jenny handed out a community needs assessment for each person to fill out from the hospital.

Mental Health Crisis Committee - Mary reported they met once in the summer and then they met again just before today's LAC meeting. They are now set to have regular meetings at 10:00 before the LAC meetings. She talked about the needs assessment and interviews from people for some cohesiveness.

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Topics covered were:

- Responders to crisis patients shared across broader group including patient's therapist.
- Greater parental understanding and responsibility both in crisis and prevention.
- Improved understanding of unique issues involved with placement outside the community for both UMW and PVA.
- Increased networking with providers at potential placement sites including visits, or invitations to have presentations by inpatient settings in our community.
- Ideal state: Local safe house/treatment facility in Dillon.
- Expansion of tele-CRT with local therapist collaboration.
- Consistent introduction of new MHP staff.
- Consistent and reliable follow-up between all agencies involved.
- Targeted case management availability.
- Education about different needs between behavior, crisis, and sustained crisis.
- List of Providers with possible capacity to accept short-notice appointments potentially available to ED and Walk-in Clinic.
- Growth and expansion of Behavior Intervention Team (BIT) program.
- Shared knowledge of individual workplace EAP programs.

Six (6) members attended the meeting. Six (6) additional people are interested, but did not make it to the meeting.

Jeannette talked about the WMMHC is able to see children as a walk-in. Lynn commented that a therapist's wait time is part of what is listed, and updated regularly, on the BH Providers list.

ACE task force – Melainya was unable to attend the meeting but Jerry read aloud her email report. They did not meet, but will meet next month. Melainya reported that the WRC submitted another grant application to the

Montana Healthcare Foundation, which includes a plan for Katie Loveland to facilitate a trauma-informed strategy process for the community. The email will be part of the minutes.

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Criminal Justice Task Force - grant application – Alison was not able to attend the meeting. Katherine and Lynn talked about the PAX version and the original Good Behavior Game differences.

CIT (Crisis Intervention Training) Speaker – Frank reported that the county matching grant is in limbo right now because of the fire season and how much the state had to pay for this. Consequently, he does not know if the county will get for \$16k for this year and next for jail CIT and inmate therapy. He is waiting to hear about the grant and then can move forward with Jim Andersen, who will coordinate the training. If we don't get the grant, we will have to look at something else for the CIT.

Frank reported that Beaverhead County has had a spike in involuntary committals to the state hospital and emergency detentions. It puts a strain on the Sheriff's staff. There are more right now than they had all last year. He discussed what the possible causes could be. Lynn asked what was needed from the county.

Other Business

DPHHS –Kenny was on vacation and did not report.

Julie brought up the subject of moving the LAC meetings to another location. Possible different locations were discussed. The group wanted to be able to eat lunch during the meeting. The decision was made to try out the Tom Welch meeting room at the Treasurer's Office. Cindy Decker makes the reservations for the meeting room. Jamie will set this up for November.

MOTION: Rick made a motion to meet at the Tom Welch room at the Treasurer's Office building. Julie seconded the motion.
The motion passed.

Jerry read an email from Sandi Sloan regarding her resignation from the LAC. She explained why she is having a hard time making it to the meetings. Sandi was appointed by the county to represent the Commissioners after Garth's death. Tom Rice said that her email can be used as an official resignation

letter. Tom said that if anyone else wants to fill the position, let the LAC know. It is a county-appointed position and needs to be ok'd by the commissioners. Lynn asked if Tom, who is a commissioner and has been attending most meetings

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recently, plans to continue to do so. She pointed out that if this was the case, we did not need anyone else to represent them. Tom felt that he could probably make most meetings. The group agreed that Tom would now represent the Commissioners and no one else was needed in this role.

Lynn said that last month they talked about our web page disappearing and she had followed up with Sadie Caltrider in the Planning Office about options for getting a new web page for the LAC. Sadie said that a page designed by the web design company that prepare the others for the county would cost money as we were past the deadline for having it included in the contract. Sadie offered to construct a draft one herself and let the LAC decide if it was adequate. Any ideas for the web page should be given to Lynn.

Provider's reports

Mary reported that the director at Hays Morris house has resigned. You can contact Mary if you have anyone that needs the services at the Hays Morris you can contact Emily Rice. Mary will be supervising the CRT's.

Headwaters Healthcare Foundation - they will be sending out invitations about their foundation. Mary said she has talked to them. She talked about the foundation and their endowment of \$100 million. They want to meet with organizations and communities to find out our needs for grant funds. The board will meet in January to decide what they want to give to organizations. Their focus will be on behavioral health, children and American Indian related. She says we will get an invitation from them.

Mary will send our LAC the email address to contact Juniper for the invite.

Beth reported that Patagonia is combining with PFLAG on October 23rd for an event. The event will be at 6 p.m. at Patagonia and Sweetwater Coffee and will feature pansy Bradshaw's art.

Earlier in the meeting, Jerry and Heidi reported that they are working on services to see online students via tele-service. They are looking for an intern for this also. They may get a residence hall space for this person.

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2:00 p.m. Adjourn

The next meeting will be November 10th, 2017 (Veteran's Day observed). Lynn questioned whether they wanted to meet on a federal holiday, but the group agreed to do so.

Jerry Girard, Vice Chairman