**Beaverhead County Mental Health Local Advisory Council**

February 8th, 2019 from **Noon - 2:00 p.m.**

Tom Welch Meeting Room – County Treasurer’s Building

**Members Present:** Chairman Jerry Girard, Rick Hartz, Tom Rice, Wallace Arney, Heidi Gjefle, Kit Davis, Callie Triller, and Jeanette Prodgers for Jennifer Malone.

**Members Absent:** Kim Martinell, Melainya Ryan, Jennifer Malone, and Katherine Buckley Patton.

**Other Present:** Fred Sullivan, Beth Wharton, Lyn Ankelman, Bill Knox, Lynn Weltzien, Sue Hansen, and Jamie Flynn.

**Introductions -**Establish Quorum.

With 9 voting members present, a quorum was established.

Jerry welcomed everyone to the meeting. He introduced the two new voting members of the LAC, Kit Davis and Callie Triller.

Those present at the meeting introduced themselves.

Rick explained the bylaws of membership that we are required to have six (6) consumer members, and representatives from UMW, CHC and the hospital.

Jerry talked about the different task forces and groups that we have within the LAC. He encouraged the new members to sign up for task forces of the LAC.

**Approval of Minutes**of the January 11, 2019 meeting.

Jerry asked for a motion to approve the minutes from the January 11th meeting.

MOTION: Rick moved to approve the minutes and Tom seconded the motion. The motion passed unanimously.

**WSAA Report-** Rick Hartz

Rick explained to the new members that the LAC’s are part of WSAA (Western Service Area Authority) and that they meet once a month in Missoula. Rick reported the legislature was the main topic of the last meeting on January 22nd. Rick had a homework assignment for the group to do. The assignment was that DPHHS wanted comments on the top priorities of our LAC regarding behavioral health. February 26th is the next WSAA meeting. Sue said that public health is also going to do a priority list for DPHHS.

**Reports from Active Standing Committees**:

**Summit** – Jerry

The summit committee will meet on Tuesday, February 12th. Activities for the committee have basically been Katherine booking presenters for the summit. The format will not be changed for the next summit. One of the Akira for $3,000 to present. She usually charges $10k to present. Integrative behavioral health. Kathy Contway was able to get Kevin Briggs as our keynote speaker. Kevin is a law enforcement officer from San Francisco that has gone on the Golden Gate Bridge and stopped people from jumping. He has written a book and is a national presenter. Jerry said that Kevin Briggs would be available for training with law enforcement, when he is here for the summit.

The topic of the summit this year will be “The Faces of Trauma and What’s in Your Toolbox”. The summit will be held on October 3rd and 4th. The reason for the later date is that Kim Martinell will have grant money available after October 1st. Also, there will be better attendance from the school system at that time.

**ACE –** Melainya was unable to attend the meeting.

**Other On-going Business** –

**ASIST Training** – Beth Wharton. Update on the January training.

Beth said the training was very successful last week at the college. Heidi said the class was very good and gave them strategies for intervention. They had people from Madison County at the training also. She talked about the scholarships that were given out. A total of 26 people were at the training. The maximum would have been 30 openings that could be filled. All the feedback was positive. The 2nd ASIST training is scheduled for June 5th and 6th on the UMW campus. The next training was set up in June so that the teachers could attend. They are looking at providing a one credit option for the June ASIST.

Beth also had some handouts for what she is working on now, which includes behavioral workforce and training opportunities and youth mental health first aid certification. She wants to offer this training to as many groups as possible. She talked about the 2-day camp and how to recruit more students. The Heads Up camp will be next fall possibly in early November. Lynn asked how the LAC can help to recruit new students. Beth said it’s hard for students to miss two days of school. She talked about the youth mental health first aid certification requirements. She said they are looking for ideas. The LAC will see if they can help. Jeanette asked if the Youth Challenge kids are going to be included. Beth said it may be offered to them also. Beth needs 8 weeks notice to be able to schedule with the trainers.

**Legislative Update** – Katherine was in Washington DC.

Jamie passed around a handout from Katherine with the legislative update.

Jerry asked if there was any more information on HB255 which pertains to the transfer of inmates to Warm Springs. Bill Knox said the bill should say the State will cover transportation to Warm Springs and Hayes Morris. Lyn asked if the ambulance service is ever used. Bill said the ambulance does not want to be responsible for transport. Currently, this is done by law enforcement and usually requires two people to be present for the transfer.

A discussion took place about different legislative bills that pertain to behavioral health. Tom Rice said it’s important that the person who testifies before the Legislative Committee is informed; can articulate on the topic discussed; and is prepared to answer any questions from the committee.

**Integrative Healthcare Vision** –Lynn

Lynn reported that she wanted to step down as chair so she can work on integrative healthcare. She met with Ken Westman and Kit Davis at Barrett Hospital & Healthcare. Ken was very open in hearing about integrative healthcare. They talked about the next steps the hospital can possibly do. Lynn said the Montana Healthcare grant the LAC received helped us to develop the task forces we currently have. Ken wants to meet every other month.

Lynn talked about going to the mental health technology center in Denver last week. Lynn went in Katherine’s place for this meeting. Katherine will be on the board and will represent Montana. Lynn reported that the big takeaway from the meeting was that whatever your question is and if there are funds for whatever you are asking about to think big. It is a federal government entity. Lynn said we are going to have a place at the table.

**Resource Assistance Center –** Lynn

Heidi reported that they are still getting someone to work on Wednesdays at the RAC. Lynn reported they are interviewing someone on Monday for this office position.

Fred said they didn’t make it to the RAC last week because of the weather. The week before they assisted eight (8) people. Fred said they hired another supervisor; there will be an additional supervisor coming down including the current supervisors for a total of five.

**Resilience Oriented Community Curriculum**

Jerry reported that the committee was supposed to use expertise for trainings in the community. It was set up 2 years ago. They wanted to develop a curriculum for educating people with training 5. The trainings are about 45 minutes long each. We received money from the Great Harvest Bread days to purchase plaques for the training that participants would get when they complete the ROCC. It is to get the professionals connected in the community. The team met a week ago. They have set 5 trainings for their goal. Heidi, Jerry, Lynn, Melainya and Katherine are on the ROCC committee. Rick asked how the money is going to be spent from the Great Harvest Bread days. Jerry said there will be expenses for training participation plaques, projector, laptops for training, and resource information will be used to spend the money from the Great Harvest Bread Days.

The 5 ROCC trainings are:

1. An introduction to local resources
2. Mindfulness
3. ACEs
4. QPR
5. Personal resilience.

Rick asked to have someone talk about ROCC and what it means. Jerry said that it will be included in the trainings. She wants these organizations to be contacted to receive all five (5) trainings. Lyn Ankelman made some suggestions on identifying people that have completed the trainings. It gives some validity of the trainings.

Sue talked about possible funding from the Beaverhead Community Foundation. There is a meeting next week and there will be another one in May. Sue said it is for senior citizens and that John Wilkerson is the contact person.

**CIT (Crisis Intervention Team) -** Bill Knox

March 11th – 15th are the dates for the CIT academy and they are accepting applications. If anyone wants to sign up, it is open to everyone. Bill has information on the training. He thanked Heidi and Lyn Ankelman for their help. They developed a schedule and a 3-page checklist for the academy. Wallace wants to attend the training. Bill said the training is focused on the immediate crisis. The class is a 40-hour class and there is a maximum of 40 people that can attend. He talked about who has been invited to attend the academy. Bill said the techniques do work. Rick asked how many people may be attending. Bill said that 5 officers and ambulance are signed up and they may get 5 more. Heidi said that at the last meeting she learned things about training that she didn’t know before. Heidi reported that she wrote a grant from United Way for the CIT. She talked about the grant she wrote and the projects, Bill said the course is expensive to do and the registration is $125. Lynn said the LAC voted to give the CIT $500. It will help to defray the costs of the training. The $500 needs to be submitted to the Sheriff’s Office from the LAC. They talked about financing. It will come out of the operations account.

MOTION: Jeanette moved to provide a $125 registration fee / scholarship for Wallace to attend the CIT. Heidi seconded the motion. The motion passed unanimously.

Lyn suggested posting information on the County’s website. All registrations for the CIT will go to Bill Knox. Jerry thanked the group, Bill, Lyn and Heidi for all of their work on getting the CIT training. Heidi will be reaching out for people to be presenters at the CIT training. Lyn said that collaboration is needed.

**Peer Support -** Jennifer Malone was not able to be at the meeting.

Lynn said she didn’t really understand the peer support and researched it and added to the minutes from the last meeting. There are 3 paraprofessional levels that are available. She said it’s important in our community. It is a week-long training and that some follow-up training is required. Molly Molloy is a good resource to ask about this. The Montana health academy on-line has a list of options for Peer Support. Lynn said that Jim Hainey is the contact person for the training.

**Be the Change 406 Coalition** – Kim and Katherine are in DC as a grant requirement.

Tom Rice said that he sits on the committee for the coalition. He reported that the Dillon Amateur Hockey League and Be the Change 406 Coalition will have a kids skate day on Sunday, February 17th at the skating rink on Overland Road.

**NAMI –** Wallace

Wallace reported that NAMI is broke, but there is an outside chance they may get some money through the legislature. He encouraged people to get to Helena to give a voice for NAMI. Wallace said they are looking at more funding for counties.

Tom Rice said that it isimportant to have someone in the legislative committee that knows what they are talking about and has knowledge about the topic.

**Website Update**

Lynn said that if there is anyone that has updates to the website, please let us know. Lynn said she will meet with Jamie to get the website updated.

**Other Business**

Rick asked for comments on the DPHHS’ State Health Improvement Plan. It is a five year plan regarding behavioral health. There are goals and objectives, prevention and health promotion strategies. Rick wanted some direction with this. He asked the group to look it over. The WSAA LAC’s were asked for priorities of their goals.

Jeanette made the comment that the legislature needs to pass Medicaid expansion.

Jerry said the LAC needs toelect a Vice Chairman for the LAC. He asked for discussion and a motion.

MOTION: Rick moved to nominate Heidi as the Vice Chairman. Tom seconded the motion. Heidi said she is ok with it. The motion passed unanimously.

**Adjourn -** The meeting adjourned at 1:55 p.m.

**The next meeting will be held on March 8th, 2019**